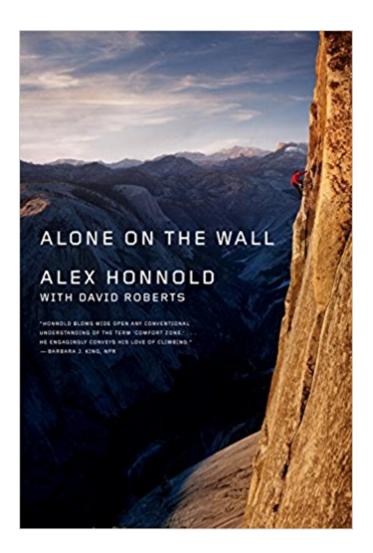


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Alone On The Wall





Synopsis

The life and death-defying feats of Alex Honnold, a visionary climber of the sort that comes along only once in a generation. Free solo climbing is a high-stakes sport: if you fall, you die. Expert free soloist Alex Honnold isn't afraid to push the limit; one of the most famous adventure athletes in the world, he has pioneered new routes, won awards, and shattered records. Alone on the Wall recounts the seven most astonishing achievements of Honnold's extraordinary life and career, brimming with lessons on living fearlessly, taking risks, and maintaining focus even in the face of extreme danger. 16 pages of photographs

Book Information

Paperback: 272 pages Publisher: W. W. Norton & Company; 1 edition (October 4, 2016) Language: English ISBN-10: 0393353176 ISBN-13: 978-0393353174 Product Dimensions: 5.6 x 0.8 x 8.3 inches Shipping Weight: 8 ounces (View shipping rates and policies) Average Customer Review: 4.6 out of 5 stars 134 customer reviews Best Sellers Rank: #34,668 in Books (See Top 100 in Books) #10 inà Â Books > Sports & Outdoors > Extreme Sports #19 inà Â Books > Sports & Outdoors > Mountaineering > Mountain Climbing #116 inà Â Books > Biographies & Memoirs > Sports & Outdoors

Customer Reviews

碉 ¬Å"Honnold blows wide open any conventional understanding of the term â⠬˜comfort zone.ââ ¬â"¢Ã¢â ¬Â|He engagingly conveys his love of climbing.â⠬• - Barbara J. King, NPRâ⠬œ[Honnold] is the foremost practitioner of the dark art of free solo rock climbingâ⠬⠢ascending extremely difficult cliffs hundreds, sometimes thousands, of feet tall without ropes or protection hardware of any kind. That is every bit as stupefying as it sounds.â⠬• - Wall Street Journalâ⠬œHonnold here recounts his ascents on some of the world's most dangerous rock walls. You'll come away questioning his sanity for choosing this controversial sportâ⠬œHonnold has free-soloed the longest, most challenging climbs ever. Most peculiar of all, even to elite rock climbers, Honnold does this without apparent fear, as if falling were not possible.â⠬"- Daniel Duane, New York Times Magazineâ⠬œHonnold is the biggest name

in a group of adventure athletes engaging in high-risk live action-sports spectacles that seem to be pulled from the Evel Knievel playbook. $\tilde{A}\phi \hat{a} \neg \hat{A} \cdot$ - Grayson Schaffer, Outside $\tilde{A}\phi \hat{a} \neg \hat{A}$ "Alex is really the first climber to rise from the margins of this lonely fringe sport to become a kind of celebrity. $\tilde{A}\phi \hat{a} \neg \hat{A} \cdot$ - Josh Dean, Men's Health

Alex Honnoldà Â is a world-class American rock climber best known for his free solo ascents of big walls. A veteran mountain climber, David Roberts is the award-winning author of Alone on the Ice, The Lost World of the Old Ones, and True Summit, and twenty-six other books about mountaineering, exploration, adventure, and Western history and anthropology. He lives in Massachusetts.

A good read. The footloose voice of Honnold is evident but at times a bit clouded. Parts communicate as well as some segments of that delightful Croft interview on 60 Minutes. It was not a page-turner for me, however. Honnold's concern about what the public thinks is often too redundant. He communicates the concern that after free-soloing Half Dome, his other greater climbs would not be recognized. I was too often bored by this idea. I like the kid, but his book does not adequately reveal that carefree, life-in-a-van focus I feel is the real soul of Honnold.

What a great team: Alex Honnold and David Roberts. I've been reading David Roberts dating back to his disastrous early climb in Alaska which led to death. And now the new "it" climber Alex Honnold featured on 60 Minutes and very controversial for his "free climbing" long difficult rides. No rope, no safety and no margin for error. But Alex vividly explains his different outlook on free climbing and how he manages risk and fear. This is really special stuff in an extreme sport as this book allows you to watch Alex grow in his life, his vision and his climbing career. I really like how it delved in his long time girlfriend relationship showing how hard it is to be a dedicated climber and live a normal life.Even if you are not a climber buy this book for an entirely different lifestyle by a relented but controversial talent.

Alex Honnold knows how to live. Even though you may not be a rock climber this book is still a good read. It talks about will power and focus on doing what you love to live life to the fullest. It is a nice read for motivation. An interesting look into the mind of one of the worlds best climbers.

This is a must-read for any climbing enthusiast. Alex tells the great stories of his countless

adventures and challenges in a measured and reflective tone that reveals the wisdom gained from his years of facing his fears and overcoming them. I look forward to following Alex's career for years to come and know he will continue to do awesome feats in climbing and in his efforts to improve the lives of others.

I didn't expect much, since this would be a book for non-climbers. But the authors do a great job engaging both expert climbers and non-climbers. Alex is one of the most phenomenal athletes who's ever lived and it was great to learn more details behind his exploits and films.

Open, honest, and candid... Great to learn about Alex and his reasoning and logic on pushing the boundaries of Free-Solo as well as his openness on different areas of his personal life.

Quite the amazing climber, supporting him by buying this book, The book is a very good at telling his story.

Great read on a topic I didn't consider myself too interested in. I found the discussion of pushing ones limits and mortality mindfulness enough of a pull to keep going. I'm in the camp of folks who'll take a much more safe path towards seeing just what I'm capable of. No clue why, no excuses, no apologies.

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